

BEST PRACTICES

IN

OCCUPATIONAL

THERAPY

EDUCATION



PATRICIA A. CRIST, PhD

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EDITORS

Best Practices in Occupational Therapy Education

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Best Practices in Occupational Therapy Education, edited by Patricia A. Crist, PhD, OTR/L, FAOTA, and Marjorie E. Scaffa, PhD, OTR, FAOTA (Vol. 18, No. 1/2, 2004). “A VALUABLE RESOURCE FOR EDUCATORS. . . Provides practical examples of student learning experiences such as problem-based learning, the use of portfolios, brain teasers and online programs.” (Kathleen Matuska, MPH, OTR/L, Associate Professor of Occupational Science and Occupational Therapy, College of St. Catherine, St. Paul, Minnesota)

Occupational Therapy Practice and Research with Persons with Multiple Sclerosis, edited by Marcia Finlayson, PhD, OT(C), OTR/L (Vol. 17, No. 3/4, 2003). *Explores the complex OT issues arising from multiple sclerosis and suggests ways to enhance OT practice or research with people with MS.*

Interprofessional Collaboration in Occupational Therapy, edited by Stanley Paul, PhD, and Cindee Q. Peterson, PhD, OTR (Vol. 15, No. 3/4, 2001). “A GOOD SOURCE OF INFORMATION. . . Introduces the reader to the concept of interprofessional collaboration, its benefits, barriers, and strategies for developing such collaboration. . . Presents a series of research studies that show the value of interprofessional collaboration to achieve outcomes at different levels and within different service delivery models.” (Dyhalma Irizarry, PhD, OTR/L, FAOTA, Director, Occupational Therapy Program, University of Puerto Rico)

Education for Occupational Therapy in Health Care: Strategies for the New Millennium, edited by Patricia A. Crist, PhD, OTR/L, FAOTA, and Marjorie Scaffa, PhD, OTR/L, FAOTA (Vol. 15, No. 1/2, 2001). “PROVIDES TRULY IMAGINATIVE IDEAS for preparing the practitioners of the near future—and not a moment too soon! It is easy to see that these authors have been outstanding clinicians. . . they put their OT skills to work in creating these unique learning-by-doing educational packages. Especially exciting are the clever ways in which alternative sites and programs are used to provide fieldwork experiences.” (Nedra P. Gillette, MEd, OTR, ScD (Hon), Director, Institute for the Study of Occupation and Health, American Occupational Therapy Foundation)

Community Occupational Therapy Education and Practice, edited by Beth P. Velde, PhD, OTR/L, and Peggy Prince Wittman, EdD, OTR/L, FAOTA (Vol. 13, No. 3/4, 2001). “Introduces the concept of community-based practice in non-traditional settings. Whether one is concerned with wellness and the aging process or with debilitating situations, injuries, or diseases such as homelessness, AIDS, or multiple sclerosis, this collection details the process of moving forward.” (Scott D. McPhee, DrPH, OT, FAOTA, Associate Dean and Chair, School of Occupational Therapy, Belmont University, Nashville, Tennessee)

Best Practices in Occupational Therapy Education

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Marjorie E. Scaffa, PhD, OTR, FAOTA
Editors

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Best Practices in Occupational Therapy Education

CONTENTS

Message from the Editors	1
FIELDWORK EDUCATION	
Supervisor and Student Expectations of Level II Fieldwork <i>Kimberly A. Vogel, BFA, MS in OT, EdD, OTR</i> <i>Kimatha Oxford Grice, MOT, OTR, CHT</i> <i>Stephanie Hill, MOT, OTR</i> <i>James Moody, MOT, OTR</i>	5
An Exploratory Study of Web-Based Supports for Occupational Therapy Students During Level II Fieldwork <i>Donna Wooster, MS, OTR/L, BCP</i>	21
Effects of Level II Fieldwork on Clinical Reasoning in Occupational Therapy <i>Marjorie E. Scaffa, PhD, OTR, FAOTA</i> <i>Theresa M. Smith, MHS, OTR</i>	31
Brief or New: Professional Development of Fieldwork Students: Occupational Adaptation, Clinical Reasoning, and Client-Centeredness <i>Gina L. Ferraro Coates, MOT, OTR/L</i> <i>Patricia A. Crist, PhD, OTR/L, FAOTA</i>	39
INSTRUCTIONAL METHODS	
Teaching Undergraduate Neuroscience with Brain Teaser Experiments <i>Daniel Goldreich, PhD</i>	49

Laugh and Learn: Humor as a Teaching Strategy in Occupational Therapy Education	57
<i>Marti Southam, PhD, OTR/L, FAOTA</i>	
<i>Kathleen Barker Schwartz, EdD, OTR/L, FAOTA</i>	

FOCUS ON STUDENT PROFESSIONAL DEVELOPMENT

Promoting Professional Reflection Through Problem-Based Learning Evaluation Activities	71
<i>Martina C. McNulty, PhD, OTR/L</i>	
<i>Terry K. Crowe, PhD, OTR/L, FAOTA</i>	
<i>Betsy VanLeit, PhD, OTR/L</i>	

Personality Type in Occupational Therapy Students: Implications for Teaching and Learning Strategies	83
<i>Paula W. Jamison, PhD, OTR</i>	
<i>Diane Dirette, PhD, OT</i>	

Brief or New: Student Learning Portfolios: Balancing Tradition with Innovation	99
<i>Karen P. Funk, OTD, OTR</i>	

INSTRUCTIONAL TECHNOLOGY

Student Development in an Online Post-Professional Master's Program	107
<i>Pamela Richardson, PhD, OTR/L, FAOTA</i>	

Brief or New: The Benefits of On-Line Learning in Occupational Therapy	117
<i>Heather A. Gallew, MS, CEES, OTR/L</i>	

Brief or New: WebQuests: An Instructional Strategy for the Occupational Therapy Classroom	127
<i>Donna Wooster, MS, OTR/L, BCP</i>	
<i>Kathy Lemcool, MA, OTR/L</i>	

PREPARATION FOR COMMUNITY-BASED PRACTICE

Constructing a Program Development Proposal for Community-Based Practice: A Valuable Learning Experience for Occupational Therapy Students	137
<i>Barbara Kopp Miller, PhD</i> <i>David Nelson, PhD, OTR, FAOTA</i>	
Educating for Community-Based Practice: A Collaborative Strategy	151
<i>Jaime Phillip Muñoz, Ph.D, OTR, FAOTA</i> <i>Ingrid M. Provident, EdD, OTR/L</i> <i>Anne Marie Witchger Hansen, MS, OTR/L</i>	
The Aware Communicator: Dialogues on Diversity	171
<i>Jan Froehlich, MS, OTR/L</i> <i>Susan G. Nesbit, MS, OTR</i>	
EDITORS' INVITED COMMENTARY ON PROFESSIONAL ISSUES	
How Does One Develop and Document the Skills Needed to Assume a Deanship in Higher Education?	185
<i>Charles Christiansen, EdD, OTR, OT(C), FAOTA</i>	
Trajectory Towards the Strange Attractor of Academic Administration: Top Ten Vectors for Plotting	188
<i>Charlotte Basic Royeen, PHD, OTR/L, FAOTA</i>	
Academic Management: A Personal Perspective	191
<i>Ruth L. Schemm, EdD, OTR/L, FAOTA</i>	
The Occupational Therapist as Academic Dean	194
<i>Charlotte E. Exner, PhD, OTR/L, FAOTA</i>	
What Does the Move to Master's Level Education for the Occupational Therapist Mean for Occupational Therapy Assistant Education?	199
<i>Barbara J. Natell, MS.Ed, OTR/L</i>	

OTA-OT Partnerships: Offering Educational Options and Opportunities	202
<i>Susan G. Ahmad, MS, OTR, OTA</i>	
<i>Aimee J. Luebben, EdD, OTR, FAOTA</i>	
Implications of the Move to Master's Level Education for the Occupational Therapist for Occupational Therapy Assistant Education	204
<i>Martha Branson Banks, OTR</i>	
Index	207

ABOUT THE EDITORS

Patricia A. Crist, PhD, OTR/L, FAOTA, is Founding Chair and Professor for the Department of Occupational Therapy at Duquesne University in Pittsburgh, Pennsylvania. Dr. Crist has numerous publications including *Innovations in OT Education* (co-editor), the self-study, *Meeting the Fieldwork Challenge* (co-author), and the popular *Fieldwork Issue* column in *OT Advance*. She recently co-edited *Education for Occupational Therapy in Health Care: Strategies for the New Millennium* through The Haworth Press. Dr. Crist has completed numerous scholarly works regarding fieldwork education, mental health interventions, parents with disabilities and research. Currently, she is President of the Board of Directors of the National Board for Certification in Occupational Therapy. She is a Fellow of the American Occupational Therapy Association.

Marjorie E. Scaffa, PhD, OTR, FAOTA, is Associate Professor and Chairperson of the Department of Occupational Therapy at the University of South Alabama in Mobile, and of the OT therapy program she founded in 1993. She is the editor of the book *Occupational Therapy in Community-Based Practice Settings*. Dr. Scaffa has worked in a number of clinical and community settings, including inpatient rehabilitation, home health, long-term care, hospice, alcohol/drug prevention and treatment programs, and community mental health. She served as an editorial board member for the *American Journal of Occupational Therapy* from 1997-1999 and is a Fellow of the American Occupational Therapy Association.

Message from the Editors

We are proud to present to you our second special volume focusing on innovation and scholarship in education.¹ We commend Anne Dickerson, OTHC editor, for her desire to further the art and science of education in occupational therapy. Also, we recognize The Haworth Press, Inc. for the publication of this resource which will contribute to the knowledge and practice of occupational therapy.

He, who dares to teach, must never cease to learn.

—Richard Henry Dana

A new set of ideas and models are presented in this volume. All authors were required to present outcomes to support their thesis or learning objectives, as time has come to move beyond the art of teaching in education. We must provide evidence to support our claims regarding our choice in teaching approaches that maximize the professional development of students for entry-level practice. Only through continuing to study teaching in the classroom and through fieldwork will we be able to substantiate the best practices in education. This is the motivation that sustains us as editors and, hopefully, will provide impetus for a third volume regarding education in the future!

We commend all authors who submitted manuscripts for competitive review. You were willing to subject your educational approaches to scrutiny. We regret that we were unable to publish more as our submissions this time were higher in number and more developed. We urge you and many other aca-

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demic and fieldwork educators to engage in the challenge of studying our educational practices and converting preference into documentation of claims.

This publication has grouped information around five major headings: *Fieldwork Education*; *Instructional Methods*; *Focus on Student Professional Development*; *Instructional Technology*; and *Preparation for Community-Based Practice*. Scanning the table of contents, you will find full manuscripts demonstrating sufficient depth, specificity and outcomes that can be used to guide innovative application and/or best practices in recognizable educational approaches. Since we support innovation, some ideas are very new or focused; we accepted several works as “Brief or New” to encourage new insights, enrich educational practices, as well as provide impetus for future study by others.

We could not have completed this activity without the help of key individuals. First, we want to thank the invitational editorial board for this special collection. Each ended up reviewing more manuscripts than anticipated but also, provided exceptional input to evaluate each carefully and assist the editors in editing, re-reviewing and selection responsibilities. The board participants were:

Martha Branson Banks
Denise Chisholm
Erika Gisel
Elizabeth Kanny
Penny Moyers
Ruth Schemm
Julie Shaperman
Randy Strickland
Pam Toto

Alfred Bracciano
Mary Metzger-Edwards
Dyhalma Irizarry
Scott McPhee
Jaime Muñoz
Patricia Scott
Perri Stern
Patricia Stutz-Tanenbaum
Donna Whitehouse

As senior editor, I want to commend Heidi Benner, who on this edition, as well as the 2002 publication, provided exemplary organizational, tracking and communication activities for the editors and authors. We thank her for weaving this task into her multi-tasking daily activities as the department’s administrative assistant at Duquesne.

To the occupational therapy students who benefit from this information through improved teaching, we remind you of the following:

*I am not a teacher; only a fellow traveler of whom you
asked the way. I pointed ahead—ahead of myself as well
as you.*

—George Bernard Shaw

We hope that you find this publication stimulating and valuable. Join us in celebrating excellence in education and all those educators, both academic and fieldwork, who share the passion with us for we all know that . . .

*Education is not the filling of a pail
But the lighting of a fire!*

—William Butler Yeats

We dedicate this publication to our fellow educators, past, present and future, who share the desire to improve our teaching in the classroom, lab, community and fieldwork.

Learning is pleasurable but “doing” is the height of enjoyment.

—Novali, German poet

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NOTE

1. The first special issue was published in 2001 by the editors titled: *Education for Occupational Therapy in Health Care: Strategies for the New Millennium*.

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therapist. The American Journal of Occupational Therapy 52
(continued)

SACRR Items Pretest Mean Posttest Mean P value

19. I clearly identify the clinical problems prior to
planning intervention. 4.02 4.39 <.01

20. I anticipate the sequence of events likely to result
from planned intervention. 3.94 4.33 <.01

21. Regarding a proposed intervention strategy, I think,
"What makes it work?" 3.96 4.29 <.01

22. Regarding a particular intervention, I ask, "In what
context would it work?" 3.90 4.31 <.01

23. Regarding a particular intervention with a particular
client, I determine whether it worked. 4.16 4.49 <.01

24. I use clinical protocols for most of my treatment. 3.04
2.78 <.05

25. I make decisions about practice based on my experience.
3.88 4.31 <.01

26. I use theory to understand intervention strategies.
3.82 3.94 ns

TOTAL SCORE 102.55 108.41 <.01

*ns means not significant

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therapy level II fieldwork experience. Retrieved 1/11/2003,
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the World Wide Web. In Khan, B. (Ed.) Web-based instruction. Englewood Cliffs,

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Bernie Dodge is the creator of the WebQuest. He teaches at San Diego State Univer

sity and has created a website with a WebQuest that teaches you the design steps for

constructing WebQuests. This site also has links to guidelines for grading rubrics.

http://www.edweb.sdsu/courses/edtec596/about_webquests.html

Tom March's rationales for APPENDIX A Example-WebQuest on Cerebral Palsy

Issue

You have just been assigned to work at the local children's hospital for your next clinical

rotation. You will be working in occupational therapy with families of children with cerebral

palsy (CP). You will provide both inpatient and outpatient services. You must research and

prepare for this clinical rotation. The class will divide into four small groups, each complet

ing one of the tasks below. You will report your findings back to your classmates in two

weeks and provide handouts for all.

Task

Each group will play the role of an OT with a slightly different focus.

Group One-Medical Information/Diagnostic Summary

Your task is to obtain information about medical procedures, diagnosis, prognosis and

other relevant information. Focus your efforts on medical interventions for CP and associ

ated problems and therapeutic interventions. You must prepare an in-depth diagnostic

summary that includes diagnosis criteria, prognostic indicators, incidence, prevalence,

signs, symptoms, associated problems, medical interventions and therapeutic interven

tions.

Group Two-You have been assigned to the parent support group. This meets weekly at

the hospital. You must find out about resources for families with children with CP in your

geographical area. You will prepare this month's newsletter that identified resources that in

cludes the contact person's name, phone number, any eligibility criteria, and services of

ferred to families and children with CP.

Group Three-You will be working closely with a physician in the spasticity reduction

clinic. You must research the more common methods of reducing spasticity, indications for

their use, and the role of OT in intervention. Provide a chart for your classmates that com

pares and contrasts the various spasticity reduction techniques including medications, in

jections, and surgical procedures and the indications, contraindications, outcomes, and

therapy interventions.

Group Four-Your focus is on locating literature that supports promoting independence

in activities of daily living. Locate literature that supports specific techniques used by occu

pational therapists to promote independence in these skills. This should include feeding,

dresssing and toileting skills specifically. Prepare a two-page handout that includes a synop

sis of the researched literature in a table format. This may include information about com

monly recommended assistive devices.

Cerebral Palsy Resources

Facts/ Medical Information

http://gait.aidi.udel.edu/res695/homepage/pd_ortho/clinics/c_palsy/cpweb.htm

Parent Support Groups

Parents helping parents

<http://php.com>

Specific types Info

Hemiplegic CP-website by parents and for parents

<http://www.hemikids.org>

Websites written by families/ patients

Susie's website

<http://www.susiecphome.com/home.html>

Local/ State Agencies

Alabama State Agencies

<http://www.nichcy.org/stateshe/al.htm>

United Cerebral Palsy Association with links to states

Spasticity Management

<http://www.hbot.com/>

The Information Exchange by Dr. Fredrickson

<http://www.askdrmark.com>

Cerebral Institute of Discovery-Non-surgical Interventions
for CP

<http://www.cerebral.org/cptreat.html>

Process

Each member of the team is responsible for collecting data
on the subtopics. Besides

the web sites listed above, students are expected to review
peer reviewed journal articles

and relevant textbooks. If in your search, you discover
another wonderful web site, please

share the address with the course instructor. Also, if any
of the links above are no longer

working, let the course instructor know that as well. Think
about all the resources available

to you within department, on campus, and in the library.

You will need to meet as a group to discuss your findings
and summarize the informa

tion in an organized format. Your final products as a group
should be a synthesis of infor

mation based on your findings.

Products

You are to gather information and create the following:

2. A professional presentation for about 20 minutes that
includes visual aids and each member contributing to the
presentation process. Be sure to highlight the important
discoveries and synthesis of information you found. This
should be professional, well rehearsed, and contain
accurate information. Be prepared to answer questions about
your topic.

Evaluation

Points will be earned based on each group's efforts and
final products. The final prod

ucts will include both the written products and final presentations. Points in the grading rubric will be as follows:

7. Accuracy and depth of informational resources utilized

8. Ability to synthesize information into professional written documents

9. Quality of finished written product-informative, accurate, succinct, appearance, spelling, grammar, neatness

10. Organization of presentation format that flows well and reinforces key points of information to audience

11. Process of presentation to include quality of visual aides, ability to be heard and understood, audience involvement, and accuracy of information presented

12. Individual contribution to the group as evaluated by other team members

Conclusion

You were able to use the small group process to locate relevant information and learn

about CP and occupational therapy. In real world situations, the occupational therapists are

expected to have all this knowledge and assume all these roles. Knowing these resources

are available should help you stay current in your knowledge and abilities.

PREPARATION FOR COMMUNITY-BASED PRACTICE

Constructing a Program Development Proposal for Community-Based Practice: A Valuable Learning Experience for Occupational Therapy Students

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tion. APPENDIX A QUESTIONS TO FACILITATE DIALOGUES ON DIVERSITY

Questions to Facilitate Sharing Life Stories

1. What are some pleasant childhood memories?
2. What are some pleasant adolescent memories?
3. What are some pleasant memories from young adulthood?
4. What are some pleasant memories from middle-aged adulthood (for the nontraditional learner)?
5. Tell me (us) about something that was challenging in your past.
6. Tell me (us) about something that currently is challenging.

Questions for Dialogue on Gender

1. What do you like about being female or male?
2. What is difficult about being female or male?
3. Describe for me something that you do not like about your gender.
4. How can people of the other gender be better allies to you?

Questions for Dialogue on Sexual Orientation

1. What attitudes about sex were communicated to you in your family?
2. What attitudes about sex were communicated to you in grade school?
3. What attitudes about sex were communicated to you in your church, synagogue, or mosque?
4. What attitudes about sex were communicated to you on the streets in your neighborhood?
5. Share your experiences with persons who are gay, lesbian, bisexual, or transgendered. (Occasionally, a student uses the communication seminar as an opportunity to come out. Remind the group that a minimum of 10% of the population is gay, lesbian, bisexual, or transgendered [Brown, 1992] and to avoid making assumptions about persons they meet.)
6. Describe the reasons you feel comfortable being someone of your sexual orientation.
7. Describe the challenges in being someone of your sexual orientation.

Questions for Dialogues on Disability

1. Talk about a disability you currently may have or one that you had in the past, describing positive and challenging aspects of having that disability.
2. Talk about your experiences, both positive and challenging, interacting with persons with disabilities.
3. What disability would be the most challenging for you to have and why?

Questions for Dialogues on Ageism

1. Have you ever felt mistreated for being a particular age? If yes, describe the experience and how you handled the situation.
2. Think about your experiences with elders and answer: a. What are your concerns about growing older? b. How would you like to be treated when you are an elder?

Questions for Dialogues on Religion

1. Describe your religious heritage and current practices.
2. What are the strengths of your religious background?
3. Tell me (us) about current or past hardships or challenges in your religious background.

Questions for Dialogues on Ethnicity and Culture

1. Share about an object from your culture.
2. What is your ethnic or cultural background?
3. What is important to you about your ethnic or cultural background?
4. What are some challenges of belonging to your ethnic or cultural background?
5. Why did you or your ancestors come to the United States?
6. What makes you proud to be an American?
7. How would you like the United States to be different?

Questions for Dialogues on Class Background

1. Describe your thoughts about discussing the socioeconomic status of your family. E.g., are you comfortable discussing this topic?
2. Describe your class background, including the educational level of your parents and grandparents and what type of work they did.
3. Did your family have enough, more than enough, or less than enough financial resources?
4. Did your family's financial resources fluctuate?
5. What is positive about belonging to your class background?
6. What is challenging about belonging to your class background?

Questions for Dialogues on Race

Listening partnerships can assist white persons and persons

of color to reevaluate their

experiences with persons of the same race and of a different race. A helpful technique is to

cluster white students together and students of color together to address the following ques

tions before reporting back to the group. If only one person is white or one person is of color

(from one particular race), partner that person with someone of his or her choice.

1. What are your earliest memories of noticing people of different races?
2. Describe your relationships with persons of different races.
3. Describe how has racism affected you.
4. How would you like the world to be different in terms of race?

This sampling of dialogue questions has been useful in fostering communication about di

versity. Dialogue questions can be supplemented with a variety of communication exercises

related to verbal and nonverbal communication skills, active listening, self-awareness, values

exploration, assertiveness, and conflict resolution.

APPENDIX B GROUND RULES

1. Each student avoids speaking twice before others have had the opportunity to speak once; students are free to pass on taking their turn to speak, however.
2. No one speaker monopolizes the time; the goal is shared equal time.
3. Only one person speaks at a time.
4. Take risks when speaking.
5. Take risks when actively listening.

6. Each person takes responsibility for ensuring that the group runs smoothly.

7. If someone says something of interest in a listening partnership or group, and you want to know more at a later time, ask this person if reopening the discussion is something he or she would be comfortable doing.

8. Honor confidentiality. Two rules of confidentiality are useful. First, the information shared during listening partnerships and group discussions must be kept confidential when outside that pair or group. Second, group members can explain the content of someone

EDITORS' INVITED COMMENTARY ON PROFESSIONAL ISSUES How Does One Develop and Document the Skills Needed to Assume a Deanship in Higher Education?

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Jossey-Bass. ACADEMIC MANAGEMENT: A PERSONAL PERSPECTIVE

My assumptions about academic administration have changed
drastically

since 1998 when I was appointed to the role of Dean. I had
been a Chair for 12

years serving in two different institutions and had an
affinity for the role. I of

ten described my responsibilities as a delicate balancing
act, where you "led

among peers" (Tucker, 1986). Others use the analogy of
"herding cats" be

cause of the autonomous and diverse views of faculty. It was the nature of this

tension, the conflicting and delicate pull of responsibilities, that interested me.

In one day one could be expected to lead, facilitate, coach, mentor and perform

faculty tasks like research and teaching. Other chairs shared this excitement at

AOTA semi-annual COE Program Director meetings. This group shared in

formation and discussions about Workload, ACOTE scores, ADA, research,

tenure and teaching methods. The meetings were lively and crammed with

creative ideas that I could implement.

Frankly, I never thought much about being a dean until the opportunity pre

sented. My academic background is deep and varied. When I was asked to

serve as Interim Dean, I knew that I was prepared for the role and felt a rush of

anticipation but consulted with other deans to make sure that the role would

suit my background and personality. Reference materials helped clarify what I

was getting into. The most succinct starting point was a series of four ques

tions formulated for individuals who think that they want to become a dean

(Tucker and Bryan, 1991):

1. What is your experience in academic administration? Do you know the way that universities and colleges operate? Does this excite and interest you? (p. 8)

2. Do you have the patience to work through issues in a slow-moving hierarchy to achieve your goals? (p. 9)

3. Are you able to receive "raw and unfiltered, occasionally even mean-spirited and vicious" criticism? (Ibid.)

4. Can you make decisions-hard ones regarding people, space and resources-based on the needs of the organization?

I answered these questions and determined that my years of academic experience

, visits to other universities, national and state leadership all provided a

background to take on this new role. These questions were also useful when

thinking about the similarities and differences between the role of chair and

dean. The biggest change for most is the move from a specialized area of

concerns must benefit the university rather than a single individual or profession.

To me, this is analogous to a family vs. an organizational perspective.

The second biggest change is the loss of control over scheduling your time.

Where a faculty member balances teaching, research and service, a chair adds

management to all of the former tasks, and a dean manages these tasks and

considers how all the pieces fit together. The dean links the college and department

missions and goals to the needs of the entire university and community.

Instead of learning more about a focused area of research and teaching, one

learns about other professions and majors, budgets, credit hour costs, policies

and procedures, legal issues, and external demands on the university.

As a chair, I could garner my dean's support and determine when I would

teach, do research, and perform service. I remember taking several days a

week to finish a grant application or attend an important AOTA event. In con

trast, deans' time-use is determined externally by university, college and com

munity commitments. What does that mean? There is little discretionary time

in the calendar. For example, in our institution, deans have a minimum of 8-10

hours of standing meetings per week. This is not true in all institutions but as

part of a management team, participation and thoughtful input are essential.

Most deans have other demands such as evening events and community orga

nization meetings where they represent the College or University.

Which brings us to the third change, separation from one's professional

colleagues. After a few years, one can feel estranged from one's profession.

Research in one's area of interest is trumped by management literature on top

ics such as documentation for problem employees, regulations and legal is

sues, strategic planning methods and ideas for development and alumnae

relations.

Why do I love the dean role now? It requires small-group and one-on-one

teaching with faculty, students, staff, deans, administrators, vice-presidents

and trustees. There are periodic meetings with the President and service on

taskforces, strategic planning and follow-up committees. Short-term feedback

is usually absent and one must seek internal and external benchmarks to mea

sure achievements. It is rare to get overt feedback from busy faculty who have

more immediate issues on their minds.

The tools deans use to reach long-term gains are effective listening and ob

jective decision-making. Both tools must be grounded in university rather than

individual, department, profession or a major's needs. At times, one can cre

atively combine several needs to satisfy more than one request. On the other

hand, there are times when no compromise is possible, and a choice must be

made. The choice may not be well-received by faculty and students.

This is why deans think about the political ramifications of their decisions

voice is personal and family-like, the dean perspective is best when objective

and managerial. This means there is a distance between faculty and adminis

tration. Faculty may wonder why the academy needs any academic adminis

trators-with the exception of payroll (Fish, 2003).

Digging deeper, my clinical training, knowledge of occupation and task

performance have informed my behavior as a dean. Group dynamics, interpre

tation of verbal and non-verbal communication, and the ability to articulate

hope and a vision of future growth and development are helpful skills. Lis

tening, understanding a problem in context, using qualitative and quantitative

data to analyze information, designing small, manageable steps to attain suc

cessful outcomes, and judging when to push for a dramatic shift in direction

are important also.

Finally, I also would like to mention the importance of managing stress be

cause a talented dean should not react to emotion but encourage thought about

why the emotion is present. Seasoned administrators think about when and

how to communicate information even if unpleasant. The goal of interaction is

to listen, learn and promote reflection in the person or group. I have learned to

ask a lot more questions. These questions are not pointed and antagonistic but

reflective and quizzical. For example, if a faculty member comes in to com

plain about his or her supervisor, a dean might ask for

background informa

tion. This simple question might take the individual more than an hour to

describe. After listening and jotting down notes, one might check to make sure

if one's understanding is complete and then ask, "why do you think you are in

the present situation?" "How would you resolve the situation?" I have seen in

dividuals thoughtfully ponder their situation and offer creative solutions. If

not, it is the dean's responsibility to foster a resolution that works for both par

ties. Guiding positive interaction rather than negative stances is a teaching

method.

On the other hand, there are times when a direct approach is required. This

type of active management may be welcomed or condoned. Thus, there are

tacit smiles around dean groups when someone mentions that this or that ac

tion will not be applauded. The ability to be flexible but strong in the face of

adversity is another facet of the position. All part of a day's work. I find com

fort in the adage that it is the journey that is important, not just getting there. SUGGESTED READINGS

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Ruth L. Schemm, EdD, OTR, OT(C), FAOTA Ruth L. Schemm, EdD, OTR/L, FAOTA Dean, College of Health Sciences University of the Sciences in Philadelphia THE OCCUPATIONAL THERAPIST AS ACADEMIC DEAN

Becoming a dean has not been a common career aspiration for occupational

therapists, who primarily choose the profession for its clinical service-related

aspects, or even for occupational therapy educators who invest so powerfully

in the education of future occupational therapists. However, the philosophy,

content areas, and skill-base of occupational therapy are elements that fit well

with the requirements of the dean role as this role is one that has a key focus on

maximizing occupational performance in others. The dean is responsible for a

multitude of activities that maximize occupational

performance via support

ing faculty, staff, and student development and learning.

In addition to the expertise in facilitating occupational performance that oc

cupational therapists bring to a dean position, many occupational therapy

skills and areas of knowledge are valuable in the day-to-day roles of a dean.

The ability to analyze tasks and processes is used in problem-solving and de

velopment of new initiatives as well as in completing tasks while attending to

process, but not allowing process to unnecessarily interfere with task comple

tion. Knowledge of group dynamics is an excellent foundation for leadership

of a college, leadership of and membership on committees, and mentoring of

Knowledge of human development, including occupation across the life span,

is very helpful in understanding why certain student, faculty, and staff issues

arise. The occupational therapist's view about the physical environment and

its impact on human functioning also can be a valuable perspective to share

with others in selection of environments for specific activities and modifica

tion/renovation of environments to enhance human performance. In addition,

the occupational therapist's knowledge base in issues associated with disabili

ties and health care in general are valued resources in

representing the college

to other groups on and off campus.

For most occupational therapists, becoming an educator and certainly be

coming a dean have been more of a matter of circumstances in which there is a

fit between knowledge/skills/experiences acquired and the opportunity arising

to use one's knowledge/skills/experiences in an academic administrative role,

rather than a specific life plan. However, if an occupational therapist aspires to

become a dean, especially in the area of health professions, several types of

experiences provide an excellent foundation. In applying for a dean position,

these experiences can be framed to illustrate the fit with various components

of the dean role. These include:

1. Strong clinical experiences in a variety of practice settings. Client/patient experiences provide the basis for deeply understanding why we are invested in assuring a high-quality education for students who will be future professionals and colleagues. These experiences serve as a reference point for understanding what students need to learn in content, in skills, and in professionalism. They also support an understanding of the culture and values of health care organizations, which may differ from academic institutions. Appreciating the culture of these organizations provides a foundation for discussions of academic-clinical collaborative arrangements.

2. Experiences working with interdisciplinary teams in which all team members are valued for their important contributions in addressing client needs. These experiences allow the prospective dean to become familiar with the values, perspectives, knowledge and skills of other disciplines that are likely to be in a college of health professions. The experience with teamwork is crucial

for leading, supporting the leadership of, and being a member of a variety of committees and work groups made up of individuals from different disciplinary backgrounds.

3. Experiences as a clinical educator. These are valuable in appreciating the perspective of the clinical educator—and why good academic performance does not always predict good clinical performance. Such experiences insure a clinical perspective in handling issues with students who do not display the clinical skills necessary for program completion, the clinical contract process and institutional review board issues from the viewpoint of those in the clinical setting.

4. Substantial and varied academic teaching experiences. These provide the prospective dean with a foundation to draw upon to illustrate a powerful investment in high-quality teaching. Such experiences must be sufficiently broad in variety and sustained enough to engender the credibility necessary for the dean role. Such variety could be achieved through a mix of the following options: part-time and full-time teaching; undergraduate and graduate teaching; didactic, laboratory, and clinical teaching; undergraduate and graduate research and supervision; student advising at different academic levels. These experiences allow the dean to appreciate the lived experiences of the faculty member with course preparation, classroom facility challenges, technology applications in the teaching-learning process, grading issues, academic integrity issues, and student performance variability.

5. Attainment of the rank of Professor. This rank is often required and always desirable. It indicates to others a record of outstanding teaching and advising, sustained high-quality involvement in scholarship (with peer recognition of one's work), and service internal to the University as well as externally in the community and/or within the profession. Scholarship activities allow for definition of problems, development of plans for qualitative and quantitative data collection, analysis of various types of data, and development of recommendations; all of these skills are needed by deans in a host of administrative projects and in the evaluation of faculty scholarship. Service activities increase the understanding of various units on the campus and the role of shared governance in curriculum, faculty development, and academic policies. Variety in these types of activities allows for different leadership opportunities and contributions to projects that affect the academic environment. Demonstrating the ability to conceive an innovative project

and see the project through to completion, including working with others in the process and despite obstacles, is a valuable skill for a prospective dean. Such projects are excellent examples of one's leadership skills and can be highlighted in the application and interview process.

For the occupational therapist educator who wishes to consider a dean position,

from being

an occupational therapist to being a dean who represents multiple disciplines is

very important in the decision-making process. As an occupational therapy educator,

one focuses primarily on the importance and value of occupational therapy and advocates for the profession via a high level of professional activity and

direct involvement in the education of occupational therapists. In contrast, the

dean typically does not have ongoing, sustained involvement with specific students, faculty, or the profession. The dean's involvement is broader and more

policy-related, rather than focused on a single discipline. Connections with the

profession are possible, but are more difficult to sustain at a high level.

However, while a shift in perspective may be the greatest challenge for the

occupational therapist considering a dean position, this shift in perspective

must occur for a dean to be a powerful advocate for all disciplines in the college.

This shift is more easily accomplished if one has been involved in many

ingful interdisciplinary work. It cannot occur unless one can sincerely take on

the perspective that disciplines other than occupational therapy are absolutely

vital to the highest quality of health care possible, and thus, the education of

future professionals in these disciplines is as important as the education of fu

ture occupational therapists.

If the occupational therapist holds this perspective, the dean position be

comes an outstanding way to contribute to the quality of health care delivered in

two key ways: (1) via education of students and (2) via faculty scholarship in

support of high-quality health care and health care education. The dean position

inherently enhances access to resources and people and provides abundant op

portunities to facilitate key initiatives. The interdisciplinary nature of the posi

tion is exciting; valuing the diversity of professions allows the dean to create

opportunities that support interdisciplinary education of students and scholar

ship-service projects and activities that enhance the community and meet health

care needs. The dean has the opportunity to personify the values of the health

professions in representing the college to the university, to the community, and

beyond. In this process, the occupational therapist as dean has the opportunity to

use her/his grounding in occupational therapy principles to affect the university

in innovative and important ways and to influence the quality of education for a

broad range of students. The dean position can be an outstanding vehicle for im

plementing the values of occupational therapy in a university setting to benefit a

large number of individuals and systems on the campus, in the community, and

through work in the various professional organizations.

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What Does the Move to Master's Level Education for the Occupational Therapist Mean for Occupational Therapy Assistant Education?

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OTA-OT PARTNERSHIPS: OFFERING EDUCATIONAL OPTIONS AND OPPORTUNITIES We see the change to post-baccalaureate degree entry level for the occupa

tional therapist as a renaissance for occupational therapy assistant (OTA) educa

tion. Although an OTA curriculum is typically not found in a comprehensive

university that offers 55 undergraduate majors and 10 master's degrees, the

University of Southern Indiana (USI) has an educational program for the occu

pational therapy assistant (initially accredited in 1998) as well as a program

tors, we have determined that the change in professional entry level has had a

positive impact, which has effected a clearer demarcation between the types of

practitioners, resulting in new options and opportunities for people who wish

to enter the occupational therapy field. The new demarcation between types of practitioner education is primarily a

timing issue. Before the change in entry level for occupational therapists, USI

offered a 4-year baccalaureate degree for people who wanted to be occupa

tional therapists and a 2.5-year associate degree for those who desired to be oc

cupational therapy assistants. (At USI, the OTA curriculum is approximately

six months longer than expected because of the university's 25-credit general

education requirement for all associate degrees.) Although OTA majors are el

igible to begin practicing in less than three years, we found that because USI is

a comprehensive university, more than half of the OTA graduates continued

taking undergraduate courses to earn a bachelor's degree in health services

(BHS), a completion program designed for students holding associate degrees

in a professional field. Thus at commencement, OTA grads earning the BHS

sat intermingled with occupational therapy majors who also earned a bacca

laureate degree. The two types of practitioners earning a seemingly similar de

gree resulted in confusion in the university and the surrounding geographical

area. With the entry-level change, the timing is clearly a 2.5-year versus a

5-year option. Even if OTA students opt for a baccalaureate completion pro

gram, there is a clear difference between a bachelor's and a master's degree. The clear demarcation has resulted in new options and opportunities at all

levels. At the student level, faculty who are cross-trained in recruiting and ad

vising for both curricula can offer options that provide an

optimal matching of

student and program from the first advising session.
Students who want to be

come occupational therapists, but have circumstances that
require a faster op

tion, have an opportunity to graduate from the OTA
curriculum first, allowing

them to enter the field and earn a good living while
pursuing courses in the oc

cupational therapist curriculum on a part-time basis. At
the program level,

these options and opportunities have positively effected
improvements in stu

dent numbers, particularly in the OTA curriculum. The
improved student

numbers have in turn positively affected program budgets,
which has resulted

in additional equipment shared by both curricula. Indeed,
the clear degree de

marcation has allowed USI to realize the true OTA-OT
partnership envisioned

when the two educational programs were started. At the
university level, the

new opportunities offer a more suitable alignment with the
university's mis

have improved student retention, especially if students
begin as occupational

therapy majors, but are more suited for the OTA curriculum.
To experience this rebirth of OTA education, we recommend
that OTA cur

ricula form partnerships with area occupational therapy
programs. Within the

partnership, faculty could become adept at advising and
recruiting for both

programs. The prospective student who inquires at either curriculum could be

matched with the optimal program. Students who wish to enter the field more

quickly could complete the OTA curriculum first. Finally, the occupational

therapy major who is more suited for the OTA curriculum could easily transfer

to a different program. As occupational therapy educators, at USI, we are afforded the opportunity

to continue with our goal of assisting our clients, who are our students, in

achieving maximal occupational role performance by fitting the program to

the individual.

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IMPLICATIONS OF THE MOVE TO MASTER'S LEVEL EDUCATION FOR THE OCCUPATIONAL THERAPIST AND FOR OCCUPATIONAL THERAPY ASSISTANT EDUCATION The Occupational Therapy Assistant (OTA) educational process has pro

gressed just as the Occupational Therapist (OT) educational process has ad

vanced. If anything, the move to a master's level education for the OT has

increased the content value and necessity of the two-year technical education

for the OTA. Also, when considering the costs of education, occupational

therapy education is enticing. The two-year associate degree has also grown and developed with a greater

depth of the education required to practice. This technical education focuses

mainly on direct care skill development leading to excellent patient care. An

and strong interpersonal relationship abilities for working with patients or cli

ents of all ages, with a wide diversity of diagnosis. Additionally, they have the

skills to participate collaboratively in innovative practice. Many community

colleges have smaller class sizes and more direct student faculty contact than

the larger colleges and universities, thus allowing high-quality practice skill

development. It takes more years and more educational funding to earn a master's degree.

How many people can afford this greater educational cost? Meanwhile, the

Certified Occupational Therapy Assistant (COTA) can earn an associate de

gree in a two-year community college, probably living at home, at a signifi

cantly lower cost. In conclusion, from my observations of the COTAs currently in practice,

there appears to be a new and increased demand for them. Therefore, just as

the educational preparation for OTs extends, it behooves those of us in OTA

education to continue to set high standards and goals for our students to meet

the needs of the work environment today. Clearly, this change in entry for the

OTs will ripple into opportunity for OTAs.

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